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**PROFESSIONAL
FUNCTIONAL TRAINING**

FUNCTION *SERIES*



Water Bottle Holder



Pu Upholstery



Aluminum Finishing



Pin With Magnetic
Steel Weight Plate



OMFB5

Power Equipment

LEG EXTENSION/ CURL

OMFB501B

MAIN TUBE SIZE: PT50x150xδ3;PT40x137xδ3mm

ASSEMBLY SIZE: 171x115x163 cm

PACKING METHOD: Carton

N.W.: 292 KG

WEIGHT STACK SPECIFICATION(W & Q): 4.5KGx19

WEIGHT STACK SIZE: 330x125x14.9 mm

TOTAL WEIGHT OF WEIGHT STACK: 200LBS



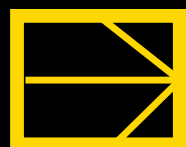
SCHEMATIC
VIDEO QR CODE



BENEFITS OF REGULAR STRENGTH TRAINING

Strength training is not just about bodybuilders lifting weights in a gym. It's about conditioning and building muscle that could benefit your heart, improve your balance, strengthen your bones and help you lose weight. It can benefit people of all ages, men and women alike, and particularly people with health issues.

Many people are aware that regular exercise is necessary to stay healthy and many individuals choose cardio/aerobic activity over resistance training. However, recent research has shown that splitting cardio/aerobic and strength training is most beneficial for your health.



ABDOMINAL/BACK OMFB502B

MAIN TUBE SIZE: PT50x150xØ3; PT40x137xØ3mm
ASSEMBLY SIZE: 127x106x163 cm
PACKING METHOD: Carton
N.W.: 213 KG



ABDOMINAL CRUNCH OMFB503B

MAIN TUBE SIZE: PT50x150xØ3; PT40x137xØ3mm
ASSEMBLY SIZE: 143x107x163 cm
PACKING METHOD: Carton
N.W.: 227 KG



BICEPS CURL OMFB504B

MAIN TUBE SIZE: PT50x150xØ3; PT40x137xØ3mm
ASSEMBLY SIZE: 129x94x163 cm
PACKING METHOD: Carton
N.W.: 225 KG



TRICEP PRESS OMFB505B

MAIN TUBE SIZE: PT50x150xØ3; PT40x137xØ3mm
ASSEMBLY SIZE: 156x107x163 cm
PACKING METHOD: Carton
N.W.: 250 KG



LEG PRESS OMFB506B

MAIN TUBE SIZE: PT50x150xØ3; PT40x137xØ3mm
ASSEMBLY SIZE: 183x111x163 cm
PACKING METHOD: Carton
N.W.: 345 KG



SHOULD PRESS OMFB507B

MAIN TUBE SIZE: PT50x150xØ3; PT40x137xØ3mm
ASSEMBLY SIZE: 167x150x163 cm
PACKING METHOD: Carton
N.W.: 295 KG

WEIGHT STACK SPECIFICATION(W & Q): 4.5KGx19

WEIGHT STACK SIZE: 330x125x14.9 mm

TOTAL WEIGHT OF WEIGHT STACK: 200LBS



TRICEP EXTENSION OMFB508B

MAIN TUBE SIZE: PT50x150xδ3;PT40x137xδ3mm
ASSEMBLY SIZE: 119x94x163 cm
PACKING METHOD: Carton
N.W.: 295 KG



CHEST PRESS OMFB509B

MAIN TUBE SIZE: PT50x150xδ3;PT40x137xδ3mm
ASSEMBLY SIZE: 147x139x163 cm
PACKING METHOD: Carton
N.W.: 240 KG



SEATED ROW OMFB510B

MAIN TUBE SIZE: PT50x150xδ3;PT40x137xδ3mm
ASSEMBLY SIZE: 147x102x163 cm
PACKING METHOD: Carton
N.W.: 242 KG



LAT PULLDOWN OMFB512B

MAIN TUBE SIZE: PT50x150xδ3;PT40x137xδ3mm
ASSEMBLY SIZE: 158x127x193 cm
PACKING METHOD: Carton
N.W.: 285 KG



GLUTE KICK BACK OMFB529B

MAIN TUBE SIZE: PT50x150xδ3;PT40x137xδ3mm
ASSEMBLY SIZE: 216x101x163 cm
PACKING METHOD: Carton
N.W.: 269 KG



HIP ABDUCTION/ ADDUCTION OMFB514B

MAIN TUBE SIZE: PT50x150xδ3;PT40x137xδ3mm
ASSEMBLY SIZE: 154x117x163 cm
PACKING METHOD: Carton
N.W.: 256 KG



LEG EXTENSION OMFB515B

MAIN TUBE SIZE: PT50x150xδ3;PT40x137xδ3mm
ASSEMBLY SIZE: 140x115x163 cm
PACKING METHOD: Carton
N.W.: 260 KG



FLY/REAR DELT OMFB526B

MAIN TUBE SIZE: PT50x150xδ3;PT40x137xδ3mm
ASSEMBLY SIZE: 124x117x198 cm
PACKING METHOD: Carton
N.W.: 260 KG



PRONE LEG CURL OMFB528B

MAIN TUBE SIZE: PT50x150xδ3;PT40x137xδ3mm
ASSEMBLY SIZE: 183x122x163 cm
PACKING METHOD: Carton
N.W.: 255 KG



TORSO ROTATION OMFB530B

MAIN TUBE SIZE: PT50x150xδ3;PT40x137xδ3mm
ASSEMBLY SIZE: 138x135x206 cm
PACKING METHOD: Carton
N.W.: 266 KG



LEG EXTENSION

OMFB542B

MAIN TUBE SIZE:
PT50x150xδ3;PT40x137xδ3mm
ASSEMBLY SIZE: 166x132x216 cm
PACKING METHOD: Carton
N.W.: 252 KG



LEG EXTENSION

OMFB513B

MAIN TUBE SIZE: PT50x150xδ3;PT40x137xδ3mm
ASSEMBLY SIZE: 197x100x250 cm
PACKING METHOD: Carton
N.W.: 275 KG



HOME GYM

OMHG1501A

MAIN TUBE SIZE: PT50x100xδ2.5mm
ASSEMBLY SIZE: 194x110.5x213 cm
PACKING SIZE 1#: 134x120x38.5 cm
PACKING SIZE 2#: 220x94x51 cm
PACKING SIZE 3#: 197.5x30x23 cm

PACKING METHOD: Carton
N.W.: 210 kg
G.W.: 245 kg
WEIGHT STACK SPECIFICATION(W & Q): 4.5KGx19
TOTAL WEIGHT OF WEIGHT STACK: 200 LBS



HOME GYM

OMHG1502A

MAIN TUBE SIZE: PT50x100xδ2.5mm
ASSEMBLY SIZE: 167x122.5x212 cm
PACKING SIZE 1#: 197x110x48 cm
PACKING SIZE 2#: 126x25x14.5 cm
PACKING SIZE 3#: 197x25x14.5cm

PACKING METHOD: Carton
N.W.: 150 kg
G.W.: 172 kg
WEIGHT STACK SPECIFICATION(W & Q): 4.5KGx19
TOTAL WEIGHT OF WEIGHT STACK: 200 LBS

SIX-PAK TRIANER

OMTF6005

MAIN TUBE SIZE: φ76xxδ3mm
ASSEMBLY SIZE: 170x84x206cm
PACKING SIZE 1#: 220x96x95 cm

N.W.: 205 kg
G.W.: 290 kg
TOTAL WEIGHT OF WEIGHT STACK: 195LBS



Commercial cardio

AIR RESISTANCE UPRIGHT BIKE OMEB6007



The flywheel uses air resistance to make the ride smoother and less noisy. The damper simulates the bike drive and thus adjusts the ride sensation



ASSEMBLY SIZE: 120x61x118 cm
PACKING SIZE : 125x87x37.5 cm
MAXIMUM USER WEIGHT: 180KG/400 LB
N.W.: 51 kg
G.W.: 59 kg

**10 speed
adjustable**



CURVED TREADMILL

OMMT5001

This machine can also help you get back into shape, get a cardio workout, or burn more calories



CONTROL PANEL: 5 "LCD



THE MAXIMUM LOAD: 180KG/400LB



SPEED RANGE: drive



MOTOR: /



RESISTANCE :
Manual 4 gears



RUNNING AREA: 1600x480mm



RUNNING BELT : Caterpillar



ASSEMBLY SIZE: 1775x864x1571mm



PACKAGE SIZE: 2110x1050x525mm



N.W.: 180 KG **G.W.:** 192 KG

VERTICAL CLIMBER EXERCISE MACHINE (MAGNETIC)

OMST6001C

MAIN TUBE SIZE: 90.6x102 mm
ASSEMBLY SIZE: 134x127x240 cm
PACKING SIZE : BOX①260x29x45 cm
BOX②139x133x23.5 cm
N.W.: BOX① 33.4kg BOX② 48kg
G.W.: BOX① 42.4kg BOX② 58kg
MAXIMUM USER WEIGHT: 180KG/400 LB



10.1" TFT



SEAT ADJUSTABLE ROPE TRAINER

OMPSJ1901M2

MAIN TUBE SIZE: 75*50*3 mm
ASSEMBLY SIZE: 130x65x265 cm
PACKING SIZE : 130x68x165 cm
N.W.: 115 kg
G.W.: 158 kg
MAXIMUM USER WEIGHT: 180KG/400 LB



LCD



MAGNETIC ROWER IRRW6002



MAIN TUBE SIZE: PT40x120xø2 mm
ASSEMBLY SIZE: 243.5x62.9x128 cm
PACKING SIZE : 148x78x49 cm
MAXIMUM USER WEIGHT: 180KG/400 LB
N.W.: 47.8 kg
G.W.: 54.7 kg



AIR SKI TRAINER

OMHXJ5001J

ASSEMBLY SIZE: 128x102x226 cm
PACKING SIZE : 137x109x49.5 cm
MAXIMUM USER WEIGHT: 180KG/400 LB
N.W.: 72 kg
G.W.: 83 kg

